

## Pattys Plants Pesto Recipe



3 cups fresh basil leaves 1 cup olive oil or canola oil 3/4 cup sunflower seeds or pine nuts 2/3 cup graded parmesan cheese 2 tablespoons minced garlic

Place Basil in a blender.

Pour in 2 T oil blend it make a paste.

Gradually add the nuts, cheese, garlic & the rest of the oil blend until smooth. If it's to thick add a little more oil.

Scoop or pour into ice cube trays and freeze.

Once frozen the chunks can be put in freezer bags for storage.

Note: The ice cube trays may stain.

www.pattysplants.com or e-mail to: patty@pattysplants.com

